



General FAQ's

About the Book

What is *Wisdom That Leads to Soul Rest*?

A collection of 23 short, practical wisdom chapters designed to help driven or drained people rediscover clarity, rest, and spiritual grounding. Each chapter stands alone and works for personal reflection or group discussion.

Do the chapters need to be read in order?

No. Every chapter is independent, so you can choose themes or jump around.

Is this a devotional?

It would be perfect for reading one or two chapters each day. It's a conversational wisdom book shaped by sabbaticals, reflection, fasting, and biblical truth.

Using the Book in a Group

Can our small group use the book for a study?

Yes. The book is designed for both individuals and small groups. Licensing keeps it legal, simple, and affordable.

How does group chapter licensing work?

The group leader buys the full book.

Each additional member pays **\$2 per 5 chapters** they need (rounded up).

This allows the leader to legally make copies of those chapters for the group.

Do you send chapter files to members?

No.

Your leader provides the copies (printed or privately digital) for the chapters your group paid for.

Who can receive the chapter copies?

Only your group. The copies cannot be shared publicly or used by other groups.

Trust-Based Licensing

How strict is the definition of “my group”?

It’s intentionally **trust-based, not rigid**.

Groups naturally change — people come and go throughout the year.

Your license covers **your ongoing group**, even if a few members rotate over time.

All we ask is that:

- copies stay inside your group
 - other groups do not use the materials
 - new or separate groups purchase their own license
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Bible Study Videos

How do I access the videos?

They are free with the purchase of the book. There is a tab for each chapter. All videos should be produced by February 15, 2026.

Payment & Access

How do I pay for group chapters?

Through **Stripe**.

Just select how many members are in your group. The system runs on the honor principle.

Will I receive a receipt?

Yes. Stripe emails a receipt immediately after purchase.

Technical Questions

Where are the videos hosted?

Privately on Vimeo and embedded on SabbaticalTaker.com.